

Everyone Belongs
Example Kindness in School Settings

	Classroom	Cafeteria	Bathrooms	Hallways	Buses	Computer Lab/Library	School Grounds
Be Friendly	Sitting down next to someone and making effort to become their friend to someone who looks like they need support	Helping someone clean up some spilled food who looks like they need it	Ask for a new toilet paper roll for someone who needs it	Not running through the hallways causing more congestion and pushing people	Let someone new on the bus sit down next to you	Give someone you don't know a new book suggestion to read	While playing a game, ask someone watching to participate and include them
Offer Help	Lend someone some homework notes when they weren't there for a day	Not excluding people from your table and letting them sit there to feel welcome	Leave an encouraging note on a paper on the mirror or sink for others	Helping someone new find their locker	Help someone find their stop	Help someone to learn to type or how to access different info sources on the computer	Help someone find their gym equipment or let them borrow some of yours

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Show Appreciation	Give your teacher feedback/support them	Thank the cooks and clean up after yourself	Erase the vandalism people pencil on stall walls	Not throwing things on the floor and keeping the hallways clean for the janitors	Thank the bus driver when you get off	Watch out for phishing emails, don't delete others stuff and keep the computers clean for the computer lab admin	Write a recess supervisor a thank you note
Reach out to those in need	Noticing someone's adverse reaction to an event in class and consoling them	Giving someone who didn't bring money for food some money	Noticing someone crying or acting sad and telling them there are people that care	Giving someone who looks lost directions	Say something nice to someone you don't often interact with or to the bus driver before getting off, who looks like they need it	Show someone how to login to a platform like their google account or help with computer issues	Give someone who was injured on the playground a hand

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Be Friendly	Offer extra supplies to BIPOC who have been historically for	When overhearing conversations with racial animus confront the people involved and report it	Take notice of how you react to basic interactions with BIPOC and don't cheerily idolize them, understand their disproportionate struggles and give them the same basic friendliness you would anyone else	Acknowledge/smile at people you might normally avoid eye contact with of color to help unconscious biases	Make efforts to sit next to and make BIPOC people feel welcome in a school where they might not be	Making efforts to design programs when coding that have enough effort put into recognizing/helping BIPOC (most facial recognition engines have trouble recognizing people with darker skin, as they were not programmed thoughtfully)	Noting your own biases about who you choose to walk around/say Hi to, and making efforts to engage or give a voice to more BIPOC people

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Help	Incorporating anti-racist messaging into essays/presentations using basic racist incarceration statistics, etc.	Introduce seating arrangement setups for your school that create more interactions from people who usually wouldn't interact to help break down segregationist friend groups	Work to prevent fight or verbal conflict that can often involve racial slurs in bathrooms	Report racism slurs used or shouted in hallways	Encourage your school to create bus routes that give more BIPOC in impoverished communities access to school	Suggesting to teachers to blacklist known racist websites from the school internet	Help remove racist graffiti and report when seen
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<p>show appreciation</p>	<p>Take classes like social justice leadership and learn how to become anti-racist yourself and help others as well</p>	<p>Offer to volunteer in the kitchen to relive BIPOC people and make their jobs easier</p>	<p>Ask your school to let talented BIPOC artists do empowering artwork in a bathroom</p>	<p>Invite others to a book club and feature books from prominent anti-racist or BIPOC figures</p>	<p>Take time on your way home to ask BIPOC about their ideas about how to combat racism and learn from their perspectives by appreciating their voices</p>	<p>Encourage your school to put black history month books in their library and help others get educated</p>	<p>Start a social justice club, or join one where you can come together after school and work to reduce racism in your school or community</p>
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<p>Reach out to those in need</p>	<p>Start a drive at your school to donate classroom/food/personal hygiene products to BIPOC at your school who need it</p>	<p>Join in on cliques of BIPOC and make them feel more welcome by introducing them to your friend group</p>	<p>Convince your school to offer free menstrual products in all gender bathrooms to reduce wealth disparities causing unequal care for BIPOC</p>	<p>Making racial equity posters of fliers and handing them out with quick facts about discrimination or disparities</p>	<p>Ask a BIPOC person while passing if they are willing to share racist encounters with students to report that they might have been scared to report and help them to do it (you should be aware of ways you could trigger trauma, and how to approach it in a respectful way)</p>	<p>Give anti-racist or gateway book suggestions to friends or acquaintances who you think might not be as open or as much of an advocate for BIPOC as you who seem in need of more education</p>	<p>Organize a peaceful protest or walkout with other students if you have had issues with a racist teacher the school hasn't addressed or think there should be better BIPOC representation</p>
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